

# Tales Behind the Mic

*“Remembering the First Interview. Or Not.”*

*By Dr. Thomas Lamar, your podcast chiropractor*

I'll never forget my first interview, but my son will never remember it.

Logan, my ten year-old audio engineer son, and I were eight months into producing our Internet radio program about “all-things-chiropractic,” and we were attracting a growing audience from all over the world.

Before I knew it, I was on the phone with Dr. James Dubel, the founder of one of the largest chiropractic gatherings that attracts a multitude of chiropractors every year to learn from the biggest names in the profession. He had tuned into our show, liked it, and was inviting us out to his event to set up an “on location studio” to interview his chiropractic superstar lineup.

Logan and I soon found ourselves on a jet plane heading to our nation's Garden State with podcast studio in tow. Because this was Logan's first time to the east coast, I arranged our schedule so we could make a brief stop in New York City. Despite running low on sleep, we had an incredible time together taking in the sights and forging some lifetime memories.

After our whirlwind tour we found ourselves at New Beginnings Chiropractic Weekends on the Jersey Shore receiving a warm greeting from our host, Dr. Dubel. Soon Logan and I were methodically setting up our studio with all of its wires and connections to ready for our first interview. As our setup began to take shape I could sense that Logan was losing steam. He began to move in slow motion, and his



eyelids looked heavy. I quickly jostled him back to life and reminded him that it was “game time” — this was why we were here!

Not too long after that, Dr. Dubel came in to announce that he was going to be our first interview, saying that it would give us a chance to “practice” and fine tune our equipment. In hindsight, I think he just wanted to see if he had made the right decision before funneling his chiropractic luminaries our way.

With a thumbs up from Logan, we were soon “On the Air!” Everything was going great, and I was having the time of my life! Our conversation flowed effortlessly, and Dr. Dubel's message was full of emotion, passion, and conviction. In fact, I was so enveloped in the whole process that I was stunned at how quickly thirty minutes flew by.

As I began to wrap up our interview, I glanced over at Logan — only to see my trusty audio engineer, perfectly positioned behind the mixer with headphones on, mouth agape, and in a dead sleep... and not a word recorded.

Dr. Thomas Lamar, chiropractor and dad of seven, hosts the Internet radio program *Spinal Column Radio* with the assistance of his now always well-rested audio engineer son, Logan. He is grateful that a video camera captured the audio of this interview, which resides at <http://SpinalColumnRadio.com>, episode 026. ■



Make yourself smile and hear Logan's side of the story!